

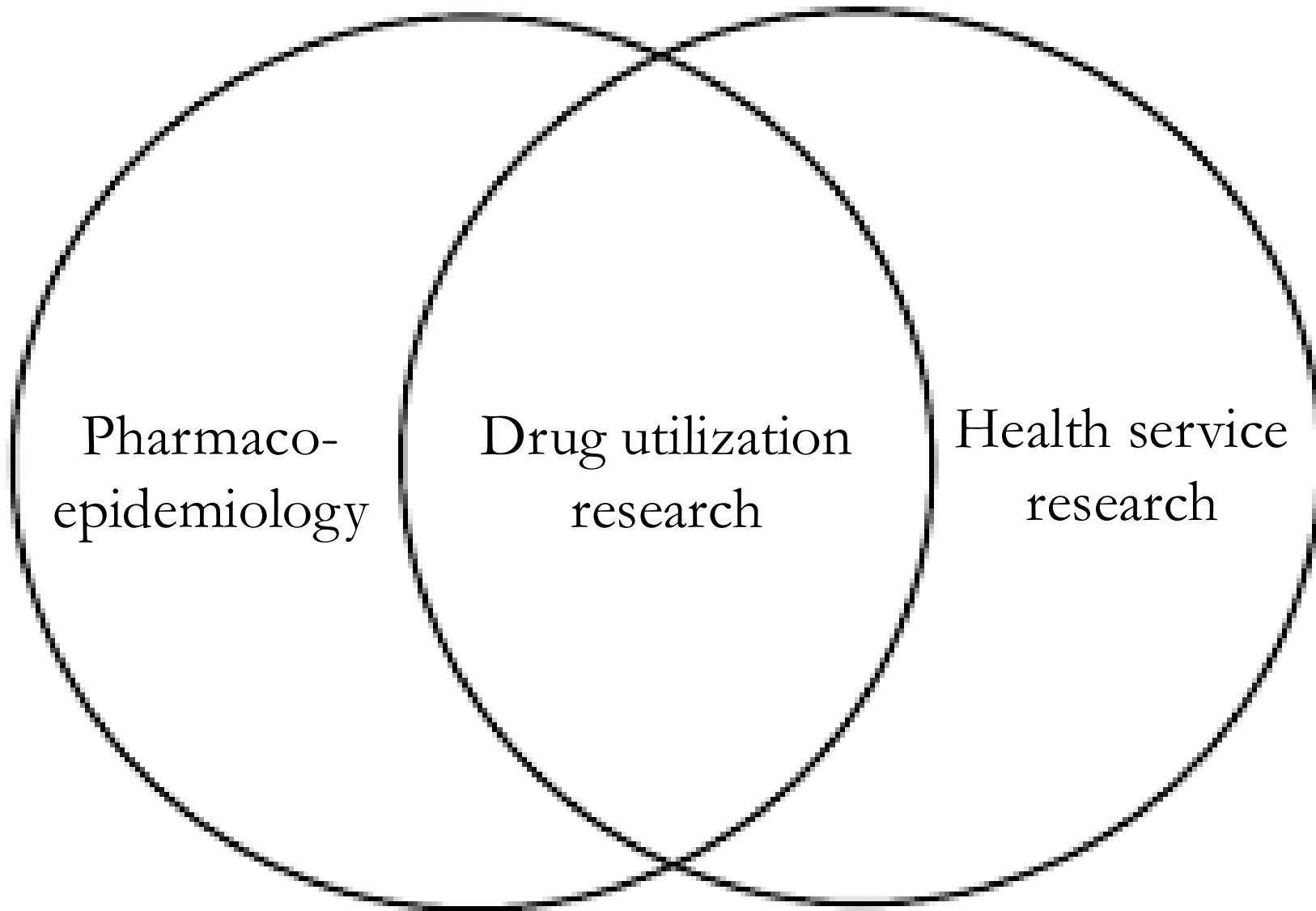
# Drug utilization

Credit: Lotte Rasmussen

# Pharmacoepidemiology

”Pharmacoepidemiology is the study of use and effects of medications on a population basis.”

*Strom, Kimmel, and Hennessy  
Textbook of Pharmacoepidemiology 3<sup>rd</sup> ed*



Pharmaco-  
epidemiology

Drug utilization  
research

Health service  
research

**Factors  
influencing  
drug utilization**

**Prescribing,  
dispensing and  
consumption of  
drugs**

**Outcomes of  
drug therapy**

**Drug utilization research**

**Pharmacoepidemiology**

# To facilitate rational use of drugs!

WHO on rational use of drugs:

“...patients receive medications appropriate to their clinical needs, in doses that meet their own individual requirements, for an adequate period of time, and at the lowest cost to them and their community”



News

ATC/DDD Index

Updates included in the  
ATC/DDD Index

ATC/DDD methodology

ATC

DDD

Lists of temporary  
ATC/DDDs and  
alterations

ATC/DDD alterations,  
cumulative lists

ATC/DDD Index and  
Guidelines

Use of ATC/DDD

Courses

Meetings/open session

Deadlines

Links

Postal address:  
WHO Collaborating Centre  
for Drug Statistics  
Methodology  
Norwegian Institute of  
Public Health  
Postboks 222 Skøyen  
0213 Oslo  
Norway

Visiting/delivery address:  
Sandakerveien 24C  
Bygg C  
0473 Oslo  
Norway

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E-mail: [whocc@fhi.no](mailto:whocc@fhi.no)

## ATC/DDD Index 2022

A searchable version of the complete ATC index with DDDs is available below. The search options enable you to find ATC codes and DDDs for substance name and/or ATC levels. In your search result you may choose to show or hide the text from the Guidelines for ATC classification and DDD assignment linked to the ATC level. The text in the Guidelines will give information related to the background for the ATC and DDD assignment.

### Search query

or

### ATC code

- All ATC levels are searchable.
- A search will result in showing the exact substance/level and all ATC levels above (up to 1st ATC level).

### Name

- "Name" is defined as the name of the substance (normally the INN name) or the name of the ATC level. Note that trademarks are not searchable.
- A minimum of three letters must be entered in the name box. Select a query that contain part of or a query that start with the letter entered.
- For ATC combination levels, please note that all active ingredients would normally not be searchable.

### DDD

The DDDs, which will be reviewed in 2022 (3 year revision), are listed [here](#) and in the annex I in the printed ATC Index. See also [Guidelines](#): Part III; D Principles for reviewing and changing DDD and Part V; D Requests for changes to DDDs.

To express the DDD several abbreviations are used for units and routes of administration.

# Core questions

Why is the medication prescribed?

Who prescribes the medication?

Who is the medication prescribed to?

Are patients taking the medication correctly?

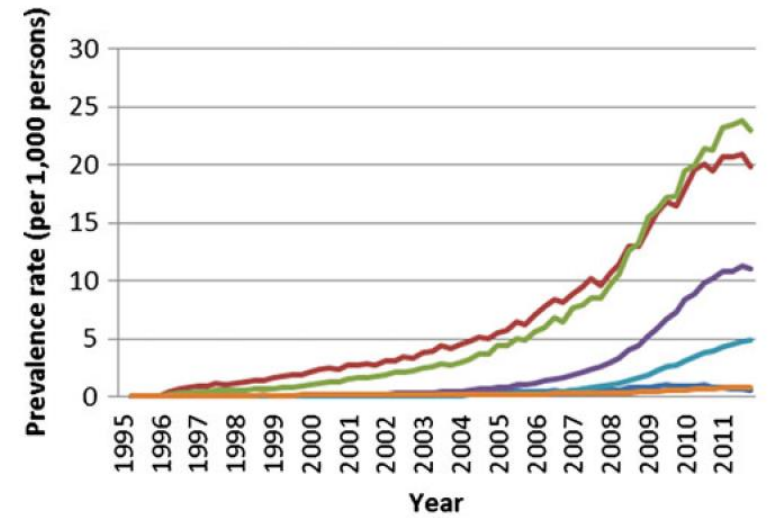
Is the medication used in accordance with guidelines?

Does the consumption of the medication  
vary across regions, age, or sex?

What is the effect of regulatory initiatives on  
the consumption of the medication?

Incidence rates

Prevalence proportions

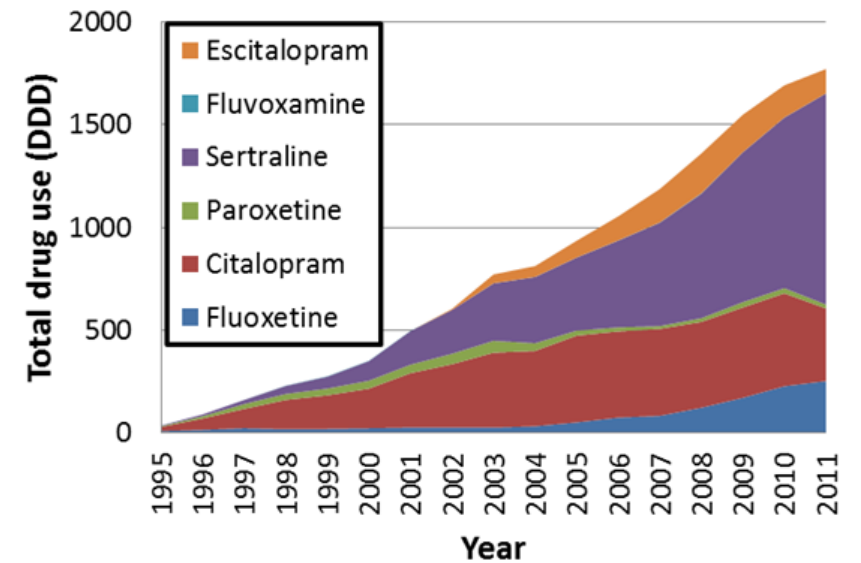




Incidence rates

Prevalence proportions

Use of single substances

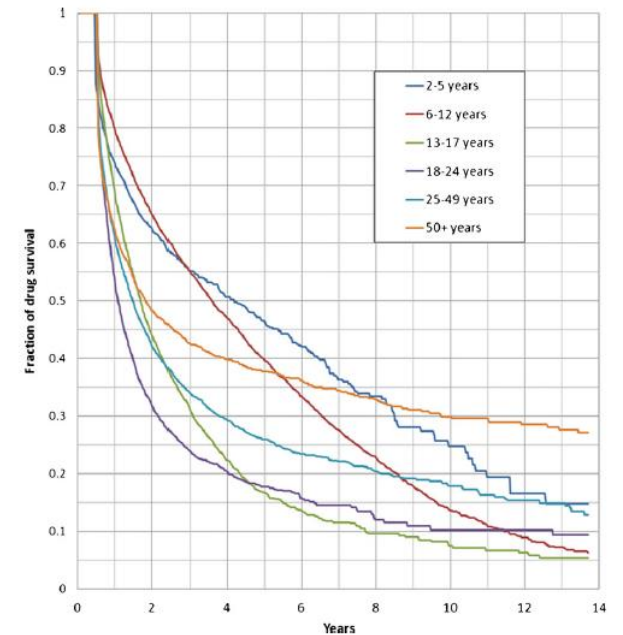


Incidence rates

Prevalence proportions

Use of single substances

Persistence (‘drug survival’)



Incidence rates

Prevalence proportions

Use of single substances

Persistence (‘drug survival’)

Co-medication

Table 5 Sub-analysis of ACT group N

ATC category	ATC description	<18 years (n=15,660)	
		%	SMR <sup>a</sup>
N01B	Anesthetics, local	0.1	1.3 [0.8–2.0]
N02A	Opioids	0.3	1.1 [0.8–1.4]
N02B	Other analgesics and antipyretics	0.8	2.9 [2.4–3.4]
N02C	Antimigraine preparations	0.6	1.9 [1.5–2.3]
N03A	Antiepileptics	1.9	4.0 [3.6–4.5]
N04A	Anticholinergic agents	0.1	9.3 [4.4–17.0]
N04B	Dopaminergic agents	0.0	9.2 [3.3–19.9]
N05A	Antipsychotics	7.1	19.5 [18.4–20.7]
N05B	Anxiolytics	0.7	3.3 [2.7–4.0]
N05C <sup>b</sup>	Hypnotics and sedatives <sup>b</sup>	0.3	5.3 [3.9–7.0]
N06A	Antidepressants	4.9	7.9 [7.3–8.4]
N07B	Drugs used in addictive disorders	0.1	4.9 [2.6–8.4]
N07X	Other nervous system drugs	0.1	15.5 [6.7–30.5]

Incidence rates

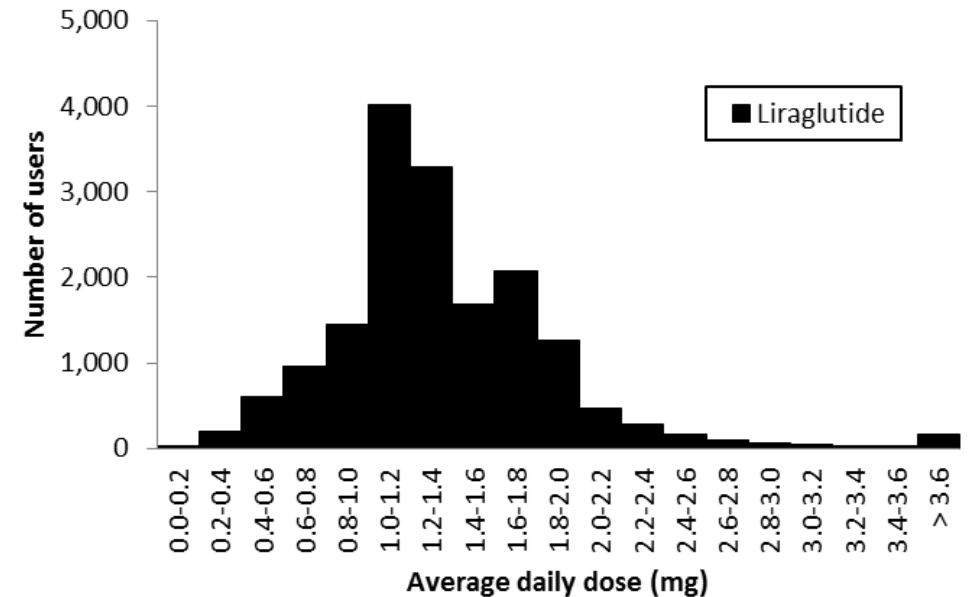
Prevalence proportions

Use of single substances

Persistence (‘drug survival’)

Co-medication

Daily dose ( $\approx$ )



Incidence rates

Prevalence proportions

Use of single substances

Persistence ('drug survival')

Co-medication

Daily dose ( $\approx$ )

Prescriber profile

	6–12 years	25–49 years
<b>MPH</b>	GP/SP/HP 7/27/66 (6,338)	GP/SP/HP 20/49/31 (9,767)

Incidence rates

Prevalence proportions

Use of single substances

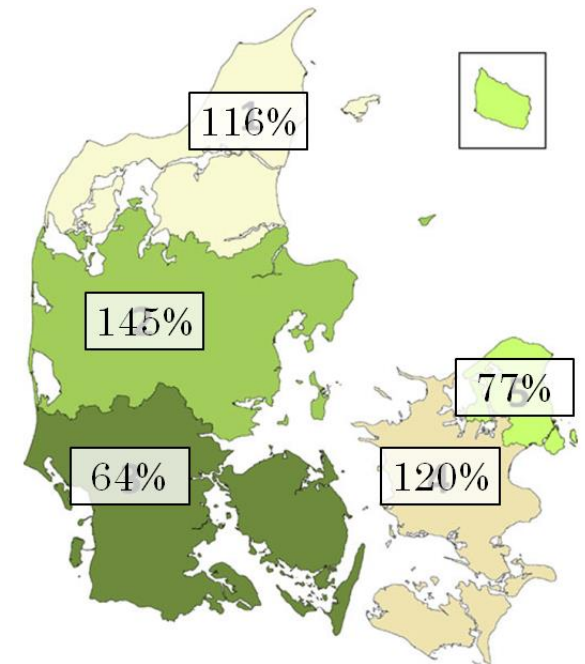
Persistence ('drug survival')

Co-medication

Daily dose ( $\approx$ )

Prescriber profile

Regional differences



Incidence rates

Prevalence proportions

Use of single substances

Persistence (‘drug survival’)

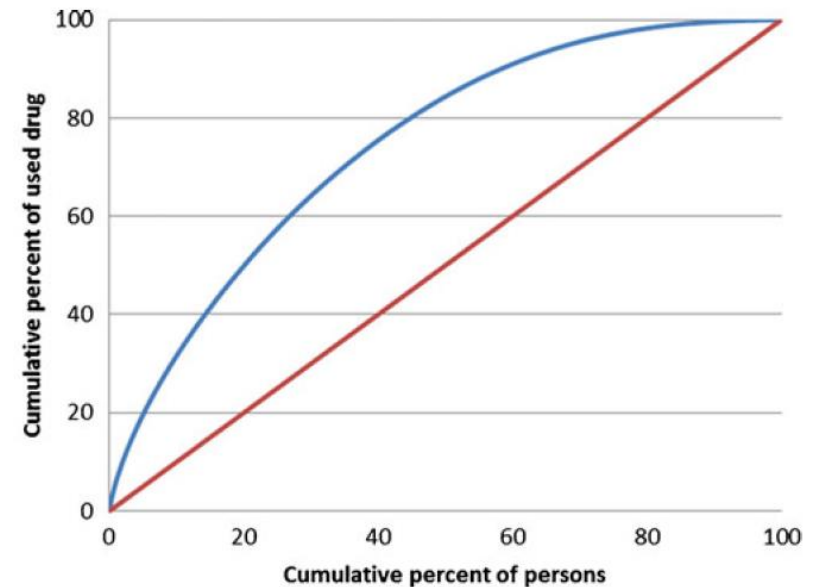
Co-medication

Daily dose ( $\approx$ )

Prescriber profile

Regional differences

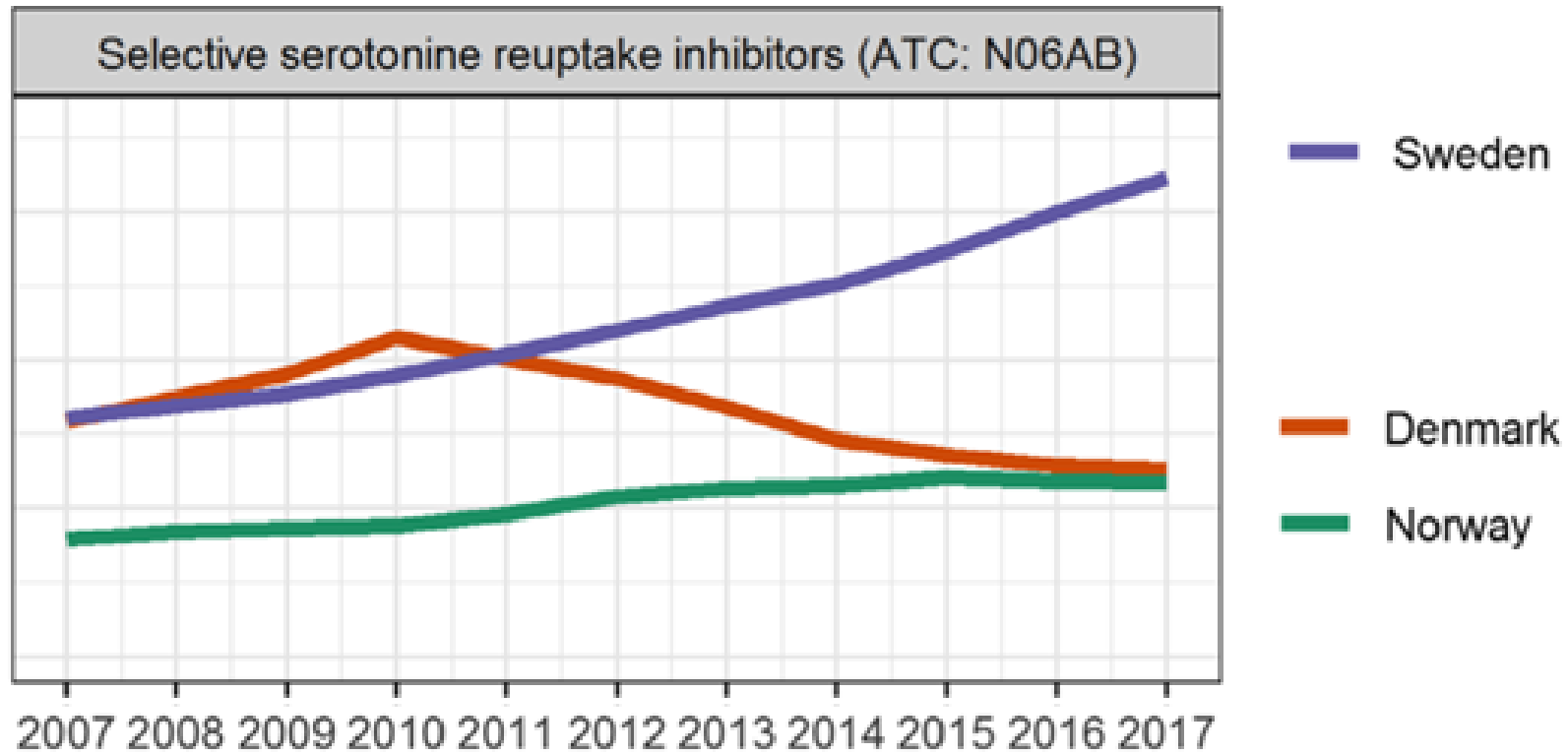
Skewness








[Forside](#) |
 [Lægemiddelgrupper](#) |
 [ATC kode](#) |
 [Produktnavn](#)
[Datagrundlag og beskrivelse](#)

ATC kode	År	Region
Indtast specifik ATC kode og tryk ENTER	2021	Hele landet
	2020	Hovedstaden
	2019	Nordjylland
	2018	Midtjylland
	2017	Sjælland
	2016	Syddanmark
	Køn	Aldersgruppe (skift)
	Køn, samlet	Alle
	Mænd	0 - 17 år
	Kvinder	18 - 24 år
		25 - 44 år
		45 - 64 år
		65 - 79 år
	Sektor	
	Primærsektor	
	Sygehussektor	
	Total	
	Søgevariabel	
	Omsætning	
	Udbetalt regionalt tilskud	
	Solgt mængde	
	Solgt mængde pr. 1.000 indbygger pr. døgn	
	Antal personer	
	Antal personer pr. 1.000 indbyggere	





# Changes in the use of glucose-lowering drugs: A Danish nationwide study

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Reimar W. Thomsen PhD<sup>3</sup>  | Tina Vilsbøll PhD<sup>4,5</sup> 

<sup>1</sup>Clinical Pharmacology, Pharmacy, and Environmental Medicine, Department of Public Health, University of Southern Denmark, Odense, Denmark

<sup>2</sup>Research Unit of General Practice, Department of Public Health, University of Southern Denmark, Odense, Denmark

<sup>3</sup>Department of Clinical Epidemiology, Department of Clinical Medicine, Aarhus University Hospital and Aarhus University, Aarhus, Denmark

<sup>4</sup>Clinical Research, Steno Diabetes Center Copenhagen, Herlev, Denmark

<sup>5</sup>Department of Clinical Medicine, Faculty of Health and Medical Sciences, University of Copenhagen, Copenhagen, Denmark

## Correspondence

Anton Pottegård, PhD, Clinical Pharmacology, Pharmacy, and Environmental Medicine

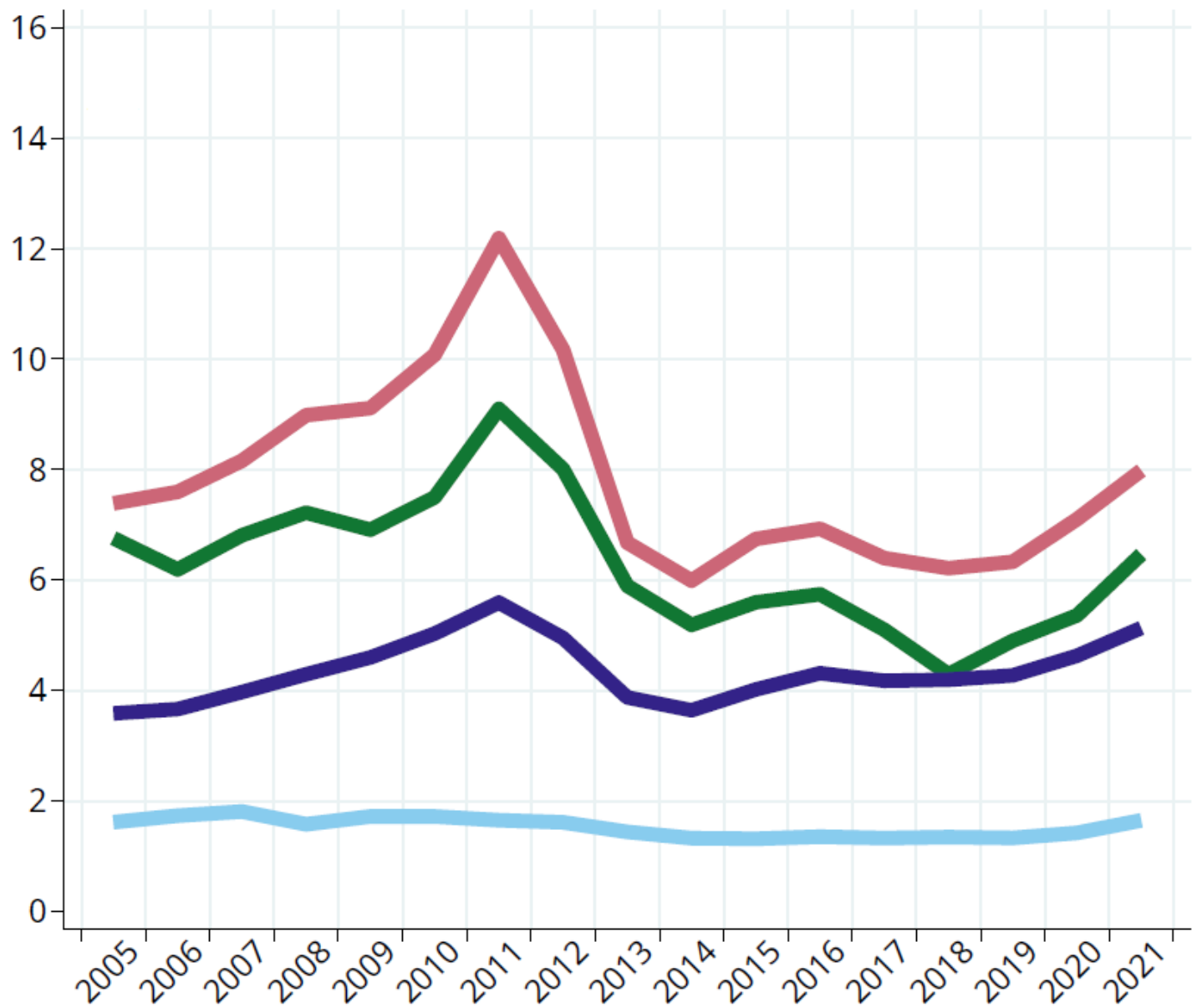
## Abstract

**Aim:** To investigate changes in the pattern of drugs used to treat type 2 diabetes in Denmark from 2005 to 2021.

**Materials and Methods:** A nationwide, population-based drug utilization study based on medical databases covering the Danish population was conducted. We assessed incident and prevalent use patterns among all 441 205 individuals initiating at least one non-insulin, glucose-lowering drug.

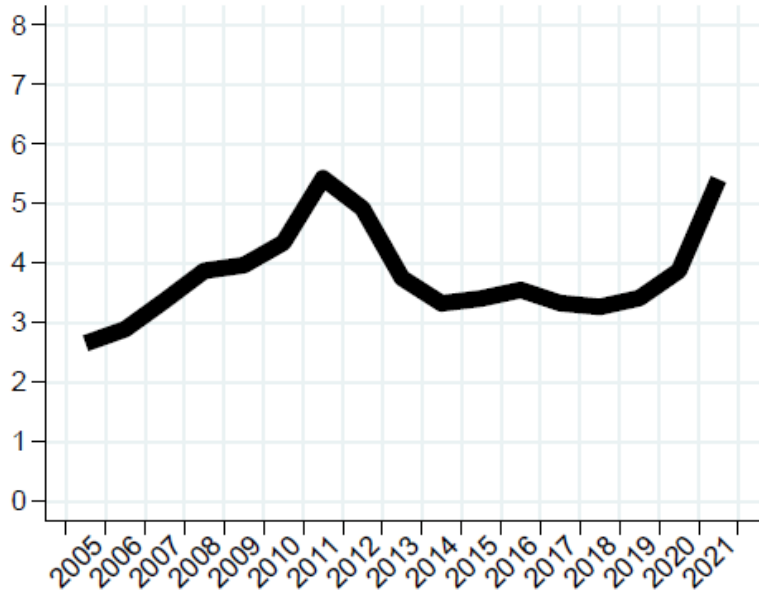
**Results:** The rate of new users of non-insulin, glucose-lowering drugs increased from 2005, peaked in 2011, decreased to stable levels during 2013 to 2019, then increased dramatically during 2020-2021. The prevalence of use increased from 2.1% (in 2005) to 5.0% (in 2021) of the entire adult population. In 2021, metformin comprised 39% of all glucose-lowering drug consumption, followed by insulin (17%), sodium-glucose co-transporter-2 inhibitors (SGLT-2is) (17%), glucagon-like peptide-1 receptor agonists (GLP-1RAs) (11%), and dipeptidyl peptidase-4 inhibitors (7.5%).

Rate of new users per 1,000 person-years

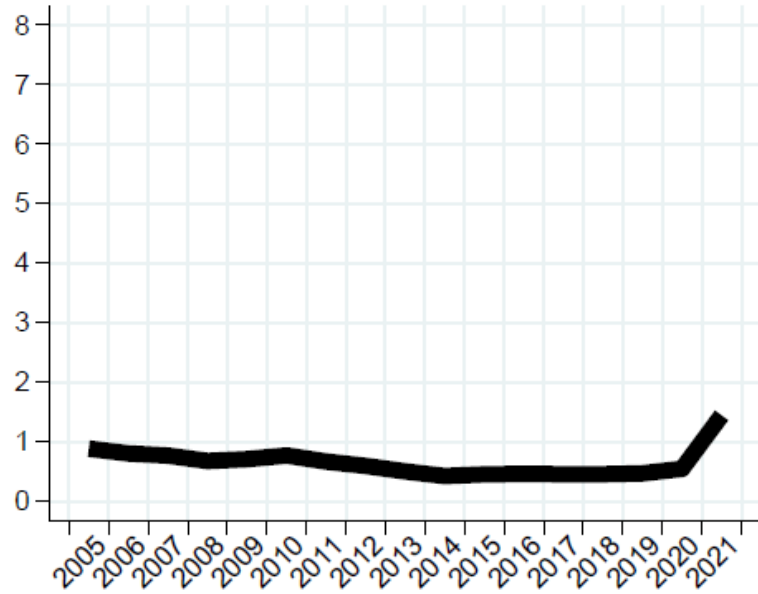


Rate of new users per 1,000 person-years

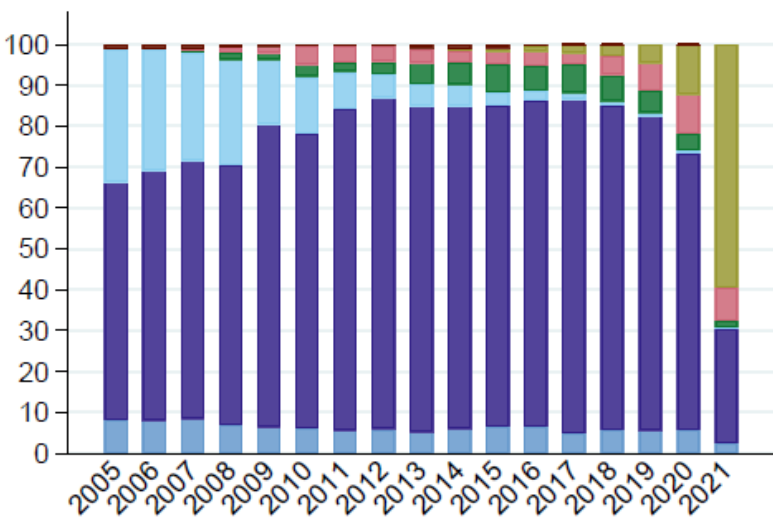
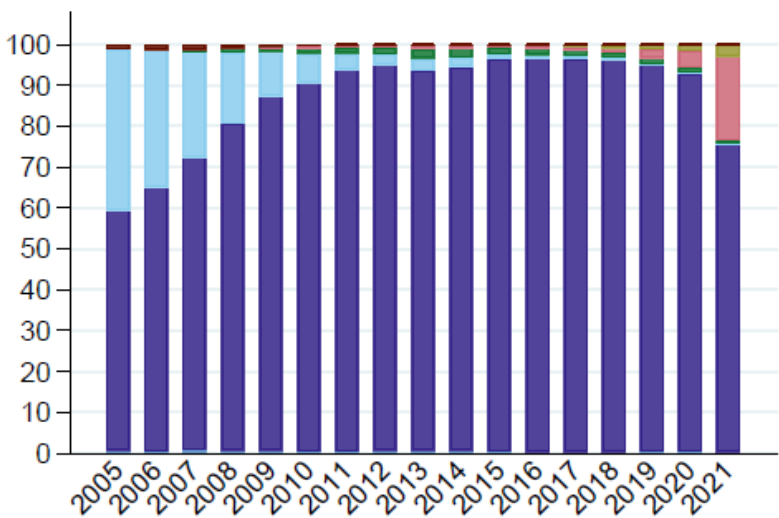
### General Practitioner



### Hospital physicians



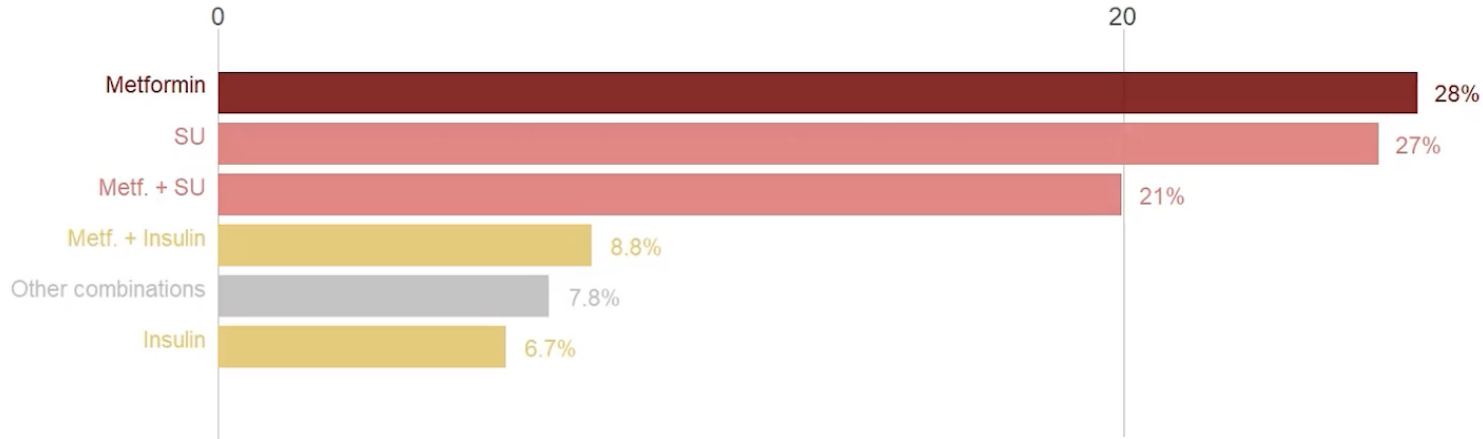
Proportion of new users (%)



- Insulins
- SGLT-2i
- GLP-1RA
- Metformin
- SU
- Other
- DPP-4i

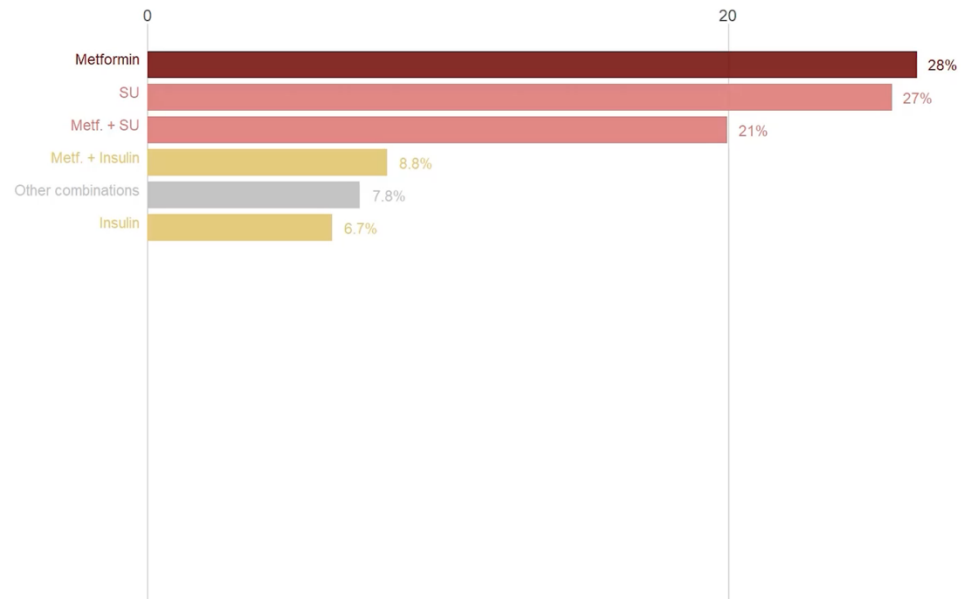
# 2005

Total number of users (1,000)



# 2005

Total number of users (1,000)




**So what...!?**

Remember to bridge the gap  
between your DUS and  
the clinical reality.

(Include a clinician!)

How do we get from  
the research question to  
the rational use of medicines?

# Core concepts in pharmacoepidemiology: Measures of drug utilization based on individual-level drug dispensing data

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<sup>2</sup>Department of Pharmacy, Faculty of Pharmacy, Uppsala University, Uppsala, Sweden

<sup>3</sup>Faculty of Medicine, Vilnius University, Vilnius, Lithuania

<sup>4</sup>Division of Pharmacy and Optometry, School of Health Sciences, University of Manchester, Manchester, UK

## Correspondence

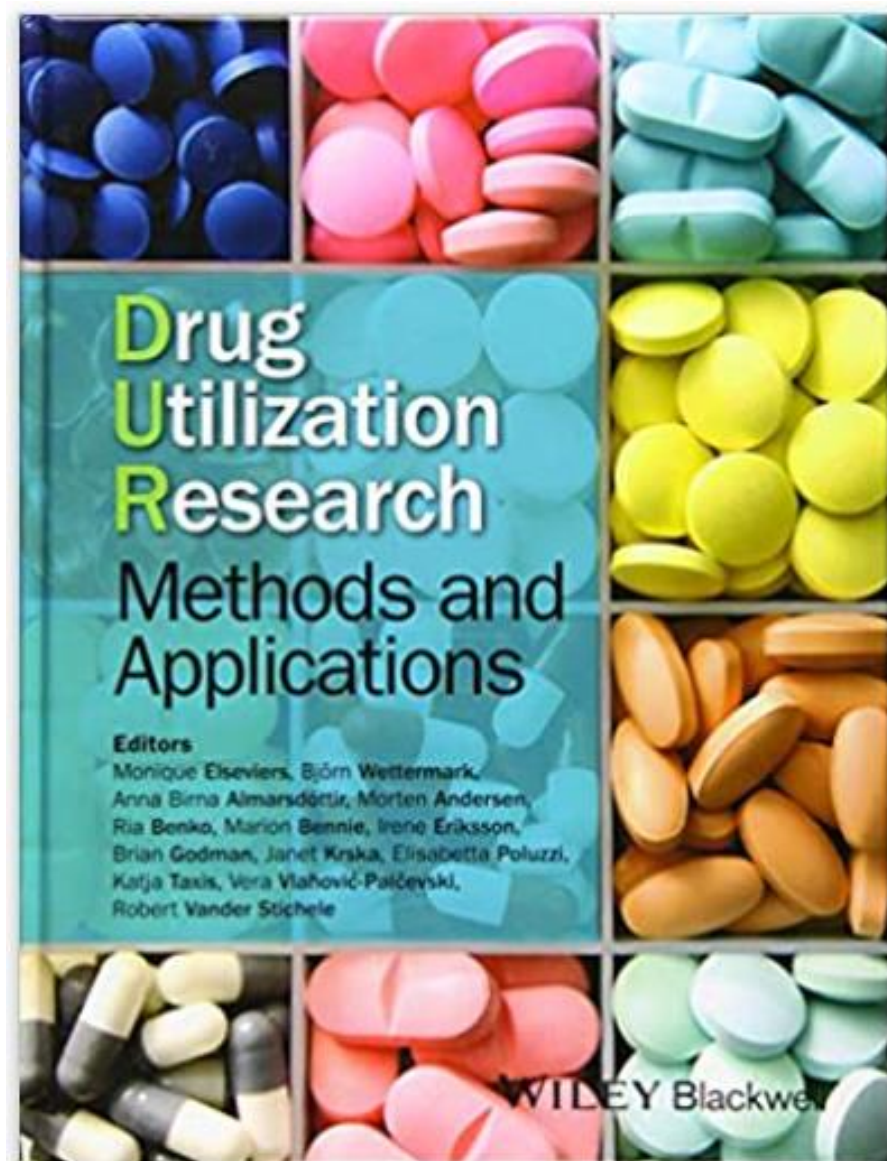
Lotte Rasmussen, Clinical Pharmacology, Pharmacy, and Environmental Medicine, University of Southern Denmark, J B Winsløws Vej 19, Odense, Denmark.  
Email: [lorasmussen@health.sdu.dk](mailto:lorasmussen@health.sdu.dk)

## Abstract

**Background:** Drug utilization studies are essential to facilitate rational drug use in the society.

**Aim:** In this review, we provide an overview of drug utilization measures that can be used with individual-level drug dispensing data, referencing additional reading on the individual analysis. This is intended to serve as a primer for those new to drug utilization research and a shortlist from which researchers can identify useful analytical approaches when designing their drug utilization study.

**Results and Discussion:** We provide an overview of: (1) basic measures of drug utilization which are used to describe changes in drug use over time or compare drug use in different populations; (2) treatment adherence measures with specific focus on persistence and implementation; (3) how to measure drug combinations which is useful when assessing drug–drug interactions, concomitant treatment, and polypharmacy; (4) prescribing quality indicators and measures to assess variations in drug use which are useful tools to assess appropriate use of drugs; (5) proxies of prescription drug misuse and skewness in drug use; and (6) considerations when describing the characteristics of drug users or prescribers.



# Drug Utilization Research

## Methods and Applications

### Editors

Monique Elseviers, Björn Wettermark,  
Anna Birna Almarsdóttir, Morten Andersen,  
Ria Benko, Marion Bennie, Irene Eriksson,  
Brian Godman, Janet Kraska, Elisabetta Poluzzi,  
Katja Taxis, Vera Vlahović-Palčevski,  
Robert Vander Stichele

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